

Occupational Therapy

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Presentation

01 Introduction

02 What is OT?
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Website Preview

School-Based OT

Occupational therapy is a holistic process which addresses the entire child. Occupational therapy's expertise includes activity and environmental analysis and modification with a goal of reducing the barriers to participation. ~ AOTA.

Sensory

Visual Motor

Self -
Regulation

Fine Motor

Executive
Function

Bilateral
Coordination

Balance

Student/Parent Website



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School-Based Occupational Therapy

General Education Students

Students in Special Day Classes (SDC)

Preschool

Training/resources for school site staff

Embedded coaching, consultation, collaboration

Preschool Support

Engagement

Sensory processing
Self-regulation
Learn routines
Participation

circle time
table time
play
self-help



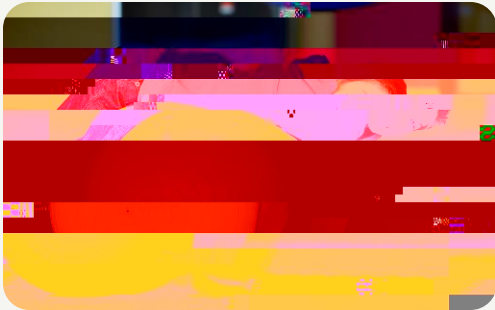
Motor Coordination

Develop hand dominance
Grasp patterns
Pre-writing strokes
Bilateral coordination
(scissor skills)

Primary Support

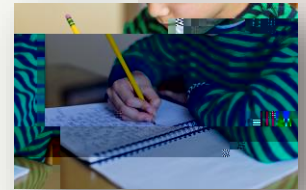
Attention

Strengthening
Postural support
Sensory processing
Flexible seating
Following 2-3 step
instruction



Fine & Visual Motor Coordination

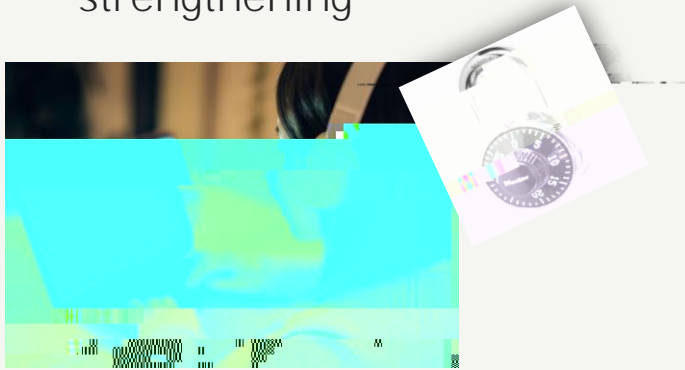
Handwriting skills: letter
formation, size, baseline
placement, and spacing
Scissor skills
Opening (containers/ packages)
Shoe Tying/Fasteners



Secondary Support

Fine Motor

Handwriting (far/near copy)
Writing a signature
Filling out a form
(functional/personal info)
Shoe tying
Locker practice
Locker practice
Upper body/hand
strengthening



Executive Function

Follow instructions
(written, verbal, or visual)
Folder system (course work)
Backpack organization
Self-regulation
Self-advocacy
Basic computer functions
and navigation



OT/PT/ADPE Website

Additional site created to provide resources to district staff involved with servicing occupational, physical, and adaptive PE

Allows essential communication between case managers, teachers, and therapy departments

Provides necessary protocols, documents, and additional resources to complete the therapeutic process



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Contact your
case manager/teacher

Thanks

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