

Stay Home Sick and Return Guidance

Students with COVID-19 symptoms should stay home and avoid contact with others. If symptoms are mild and improving, students may return to school after 5 days. If symptoms are severe, students should seek medical attention and follow the guidance of their healthcare provider.



STAY HOME IF YOU HAVE ANY OF THE FOLLOWING SYMPTOMS:

• Fever (100.4°F or higher)

• Cough

• Sore throat

• Loss of taste or smell

• Fatigue

• Headache

• Shortness of breath

• Chest pain or pressure

• Nausea or vomiting

• Diarrhea

• Confusion



YOU MAY RETURN TO SCHOOL AFTER:

5 days have passed, at least 24 hours fever free without the use of fever-reducing medications and other symptoms are improving

OR

5 days have passed, at least 24 hours fever free without the use of fever-reducing medications and other symptoms are improving

OR

5 days have passed, at least 24 hours fever free without the use of fever-reducing medications and other symptoms are improving

Chronic conditions:

Students with chronic conditions should consult with their healthcare provider for specific guidance. Some students may need to wear a face mask or avoid contact with others for a longer period of time.